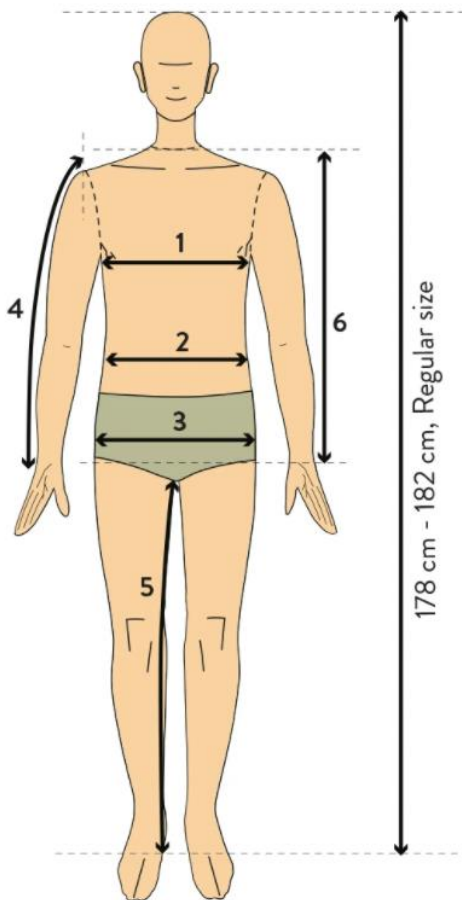


# Men's Sizing Chart

We will help you find you find the right size! If you still need help just call or text our experts at 949-315-6411. We are here to serve you and will strive for your satisfaction!

Still worried? No problem, pick your size and if it doesn't fit, we will gladly exchange the item for the correct size. Returns must be received within 14 days of purchase in its original packing!



## ARRAK Size guide for men's Pants:

1. CHEST: Measure the chest circumference at the fullest point keeping the tape horizontal around the body.
2. WAIST: Measure the waist circumference at the smallest part of the waist.
3. SEAT: Measure the seat circumference at the fullest part of the seat, keeping the tape horizontal around body.
4. SLEEVE LENGTH: Measure the distance from shoulder bone over the bent elbow to the center of the wrist bone.
5. INSEAM: Measure the distance from crotch point to the floor.
6. CENTRE BACK LENGTH: Measurement of jacket length from the prominent bone at base of neck to jacket hem.

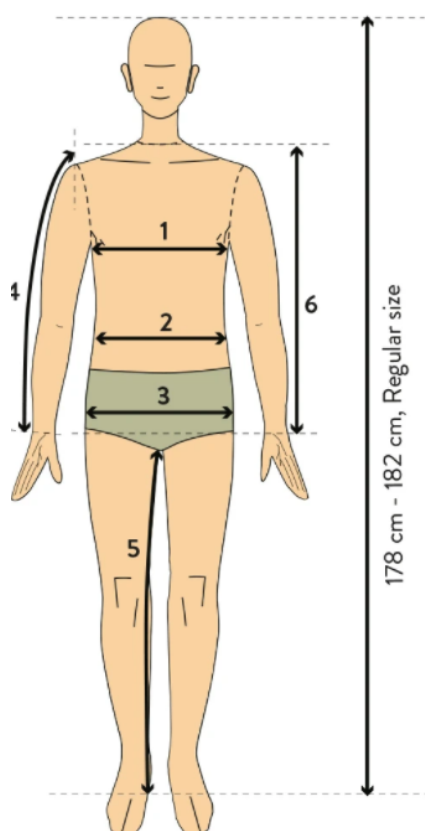
If your body measurements are between 2 sizes, order the smaller size for a more tighter fit or order the bigger size for a more looser fit.

Note, all measurements are body measurements and all garments have extra width for optimal movements.

Woven Pants, 4 cm between sizes, 5 cm between sizes from 50 to 64 in waist.

XS		S		M		L		XL		2XL		3XL		4XL									
	44		46		48		50		52		54		56		58		60		62		64		66

Letter sizing	XS	S		M	L		XL	2XL		3XL		4XL
EU sizing	44	46	48	50	52	54	56	58	60	62	64	
RUSSIAN sizing	44	46	48	50	52	54	56	58	60	62	64	
US/UK sizing	28	28/29	30/31	32	33/34	36	36/38	40	40/42	42/44	44	
JAPANESE sizing	76	80	84	88	92	96	100	104	108	112	117	
KOREAN sizing	76	80	84	88	92	96	100	104	108	112	117	
Waist, cm	76	80	84	88	93	98	103	108	113	118	123	
Inch measurement	30	31.5	33	34.5	36.6	38.6	40.5	42.5	44.5	44.4	48.4	
Inseam Short, cm	76.5	77	77.5	78	78.5	79	79.5	80	80.5	80.5	80.5	
Inch measurement	30.1	30.3	30.5	30.7	30.9	31.1	31.3	31.5	31.7	31.7	31.7	
Inseam Regular, cm	80.5	81	81.5	82	82.5	83	83.5	84	84.5	84.5	84.5	
Inch measurement	31.7	31.8	32	32.3	32.5	32.7	32.9	33	33.3	33.3	33.3	
Inseam Long, cm	84.5	85	85.5	86	86.5	87	87.5	88	88.5	88.5	88.5	
Inch measurement	33.3	33.5	33.7	33.8	34	34.2	34.4	34.6	34.8	34.8	34.8	



## ARRAK Size guide for men's Tops:

1. CHEST: Measure the chest circumference at the fullest point keeping the tape horizontal around the body.
2. WAIST: Measure the waist circumference at the smallest part of the waist.
3. SEAT: Measure the seat circumference at the fullest part of the seat, keeping the tape horizontal around body.
4. SLEEVE LENGTH: Measure the distance from shoulder bone over the bent elbow to the center of the wrist bone.
5. INSEAM: Measure the distance from crotch point to the floor.
6. CENTRE BACK LENGTH: Measurement of jacket length from the prominent bone at base of neck to jacket hem.

If your body measurements are between 2 sizes, order the smaller size for a more tighter fit or order the bigger size for a more looser fit.

Note, all measurements are body measurements and all garments have extra width for optimal movements.

## Woven, Jersey and Knitwear Tops, 6 cm between sizes in Chest

XS		S		M		L		XL		2XL		3XL		4XL									
	44		46		48		50		52		54		56		58		60		62		64		66

Letter sizing	XS	S	M	L	XL	2XL	3XL	4XL
EU sizing	42/44	46/48	50	52/54	54/56	58/60	60/62	64
US/UK sizing	34	36/38	40	42/44	44/46	48/50	50/52	54
RUSSIAN sizing	42/44	46/48	50	52/54	54/56	58/60	60/62	64
JAPANES sizing	34/36	38/40	42	44/46	46/48	50/52	52/54	56
KOREAN sizing	80/85	90/95	100	105/110	110/115	120/125	125/130	135
Chest width, cm	88	94	100	106	112	118	124	130
Inch measurement	34.6	37	39.4	41.7	44	46.5	48.8	51.2
Waist, cm	76	82	88	95	102	109	116	123
Inch measurement	30	32.3	34.6	37.4	40.2	42.9	45.7	48.4
Seat, cm	92	98	104	111	118	125	132	139
Inch measurement	36.2	38.6	40.9	43.7	46.5	49.2	52	54.7
Sleeve length, cm	62	63.5	65	66,5	68	69.5	71	72.5
Inch measurement	24.4	25	25.6	26.2	26.8	27.4	28	28.6