

Measuring Guide



- 1. Place your feet flat on a piece of paper and mark your longest toe and the back of your foot. It's best to do this standing and wearing socks.
- 2. Measure the length straight from your longest toe to the back of your foot using a ruler or measuring tape.
- 3. Use the chart to find your size.

Woman

-		4 <u>b</u>	FOOT LENGTH
5	36	3	21.8-22.1
5.5	36.5	3.5	22.1-22.6
6	37	4	22.6-23.1
6.5	37.5	4.5	23.1-23.6
7	38	5	23.6-23.9
7.5	38.5	5.5	23.9-24.4
8	39	6	24.4-24.6
8.5	39.5	6.5	24.6-25.1
9	40	7	25.1-25.7
9.5	40.5	7.5	25.7-25.9
10	41	8	25.9-26.4
10.5	41.5	8.5	26.4-26.9
11	42	9	26.9-27.2
12	43	10	27.2-28.2

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Men

•		4 b 4 r	FOOT LENGTH
7	40	6	24.9
7.5	40.5	6.5	25.4
8	41	7	25.9
8.5	41.5	7.5	26.4
9	42	8	26.9
9.5	42.5	8.5	27.4
10	43	9	27.9
10.5	43.5	9.5	28.4
11	44	10	29
11.5	44.5	10.5	29.5
12	45	11	30
12.5	45.5	11.5	30.5
13	46	12	31
14	47	13	32
15	48	14	33
16	49	15	34
17	50	16	35.1

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Kids

•		#	FOOT LENGTH
8	25	7	13
9	26	8	14
10	27	9	15
11	28	10	16
12	29	11	17
13	31	12	18

Youth

•		4 2	FOOT LENGTH
1	32	13	19.1
2	33	1	20.1
3	34	2	21.1
4	35	3	22.1
5	37	4	23.1
6	38	5	23.9
7	39	6	24.9