

# Arrak Outdoor

## Womens Tops

XS	S		M		L		XL	2XL		3XL		4XL	
34	36	38	40	42	44	46	48	50	52	54			

Women size	34/36	36/38	40	42/44	46	48/50	50/52	54				
Lettering size	XS	S	M	L	XL	XXL	3XL	4XL				
Chest width in cm	82	88	94	100	106	114	122	130				
Waist in cm	66	72	78	85	92	100	108	116				
Seat in cm	92	98	104	111	118	126	134	142				
Sleevelenght in cm	59	60	61	62	63	64	65	66				

## Womens Pants

XS	S		M		L		XL	2XL		3XL		4XL	
34	36	38	40	42	44	46	48	50	52	54			

### Regular size

Womens Size	34	36	38	40	42	44	46	48	50	52	54		
Waist in cm	64	68	72	76	81	86	92	98	104	110	116		
Inseam in cm	78,5	79	79,5	80	80,5	81	81,5	82	82,5	82,5	82,5		

### Long legs:

Womens Size	34	36	38	40	42	44	46	48	50	52	54		
Waist in cm	64	68	72	76	81	86	92	98	104	110	116		
Inseam in cm	82,5	83	83,5	84	84,5	85	85,5	86	86,5	86,5	86,5		

### Short legs:

Womens Size	34	36	38	40	42	44	46	48	50	52	54		
Waist in cm	64	68	72	76	81	86	92	98	104	110	116		
Inseam in cm	74,5	75	75,5	76	76,5	77	77,5	78	78,5	78,5	78,5		

If your body measurements are between 2 sizes, order the smaller size for a more tighter fit or order the bigger size for a looser fit. Note, all measurements are body measurements and all garments have extra width for optimal movements.

Chest width is 4 cm between the sizes 34-44, 6cm between 46-54.

## How to measure – Women’s Tops and Pants

CHEST: Measure the chest circumference at the widest point.

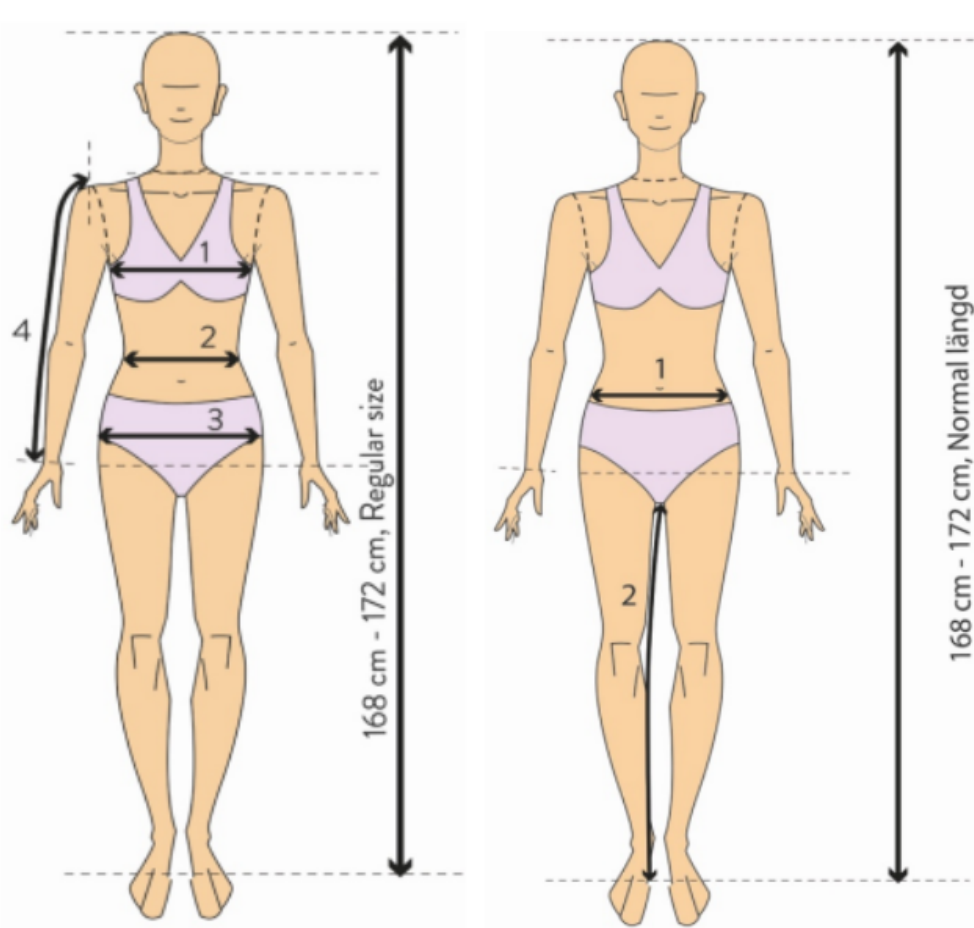
WAIST: Measure the waist circumference at the smallest part of the waist.

SEAT: Measure the seat circumference at the widest part of the waist.

SLEEVE LENGTH: Measure the distance from shoulder bone over the bent elbow to the center of the wrist.

WAIST: Measure the waist circumference at the smallest part of the waist.

INSEAM: Measure the distance from crotch point to the floor.



## Mens Tops

XS	S	M	L	XL	2XL	3XL	4XL				
44	46	48	50	52	54	56	58	60	62	64	66

MEN size	40/42	44	46/48	50	52/54	54/56	58/60	60/62	64
<b>MEN size</b>	<b>XXS</b>	<b>XS</b>	<b>S</b>	<b>M</b>	<b>L</b>	<b>XL</b>	<b>XXL</b>	<b>3XL</b>	<b>4XL</b>
Chest width in cm	82	88	94	100	106	112	118	124	130
Waist in cm	70	76	82	88	95	102	109	116	123
Seat in cm	86	92	98	104	111	118	125	132	139
Sleevelenght in cm	62	63	64	65	66	67	68	69	70

## Mens Pants

XS	S	M	L	XL	2XL	3XL	4XL				
44	46	48	50	52	54	56	58	60	62	64	66

### Regular size

<b>MEN Size</b>	<b>44</b>	<b>46</b>	<b>48</b>	<b>50</b>	<b>52</b>	<b>54</b>	<b>56</b>	<b>58</b>	<b>60</b>	<b>62</b>	<b>64</b>
Waist in cm	76	80	84	88	93	98	103	108	113	118	123
Inseam in cm	80,5	81	81,5	82	82,5	83	83,5	84	84,5	84,5	84,5

### Long legs:

<b>MEN Size</b>	<b>44</b>	<b>46</b>	<b>48</b>	<b>50</b>	<b>52</b>	<b>54</b>	<b>56</b>	<b>58</b>	<b>60</b>	<b>62</b>	<b>64</b>
Waist in cm	76	80	84	88	93	98	103	108	113	118	123
Inseam in cm	84,5	85	85,5	86	86,5	87	87,5	88	88,5	88,5	88,5

### Short legs:

<b>MEN Size</b>	<b>44</b>	<b>46</b>	<b>48</b>	<b>50</b>	<b>52</b>	<b>54</b>	<b>56</b>	<b>58</b>	<b>60</b>	<b>62</b>	<b>64</b>
Waist in cm	76	80	84	88	93	98	103	108	113	118	123
Inseam in cm	76,5	77	77,5	78	78,5	79	79,5	80	80,5	80,5	80,5

If your body measurements are between 2 sizes, order the smaller size for a more tighter fit or order the bigger size for a looser fit. Note, all measurements are body measurements and all garments have extra width for optimal movements.

Chest width is 6 cm between the sizes.

## How to measure - Men's Tops and Pants

CHEST: Measure the chest circumference at the widest point.

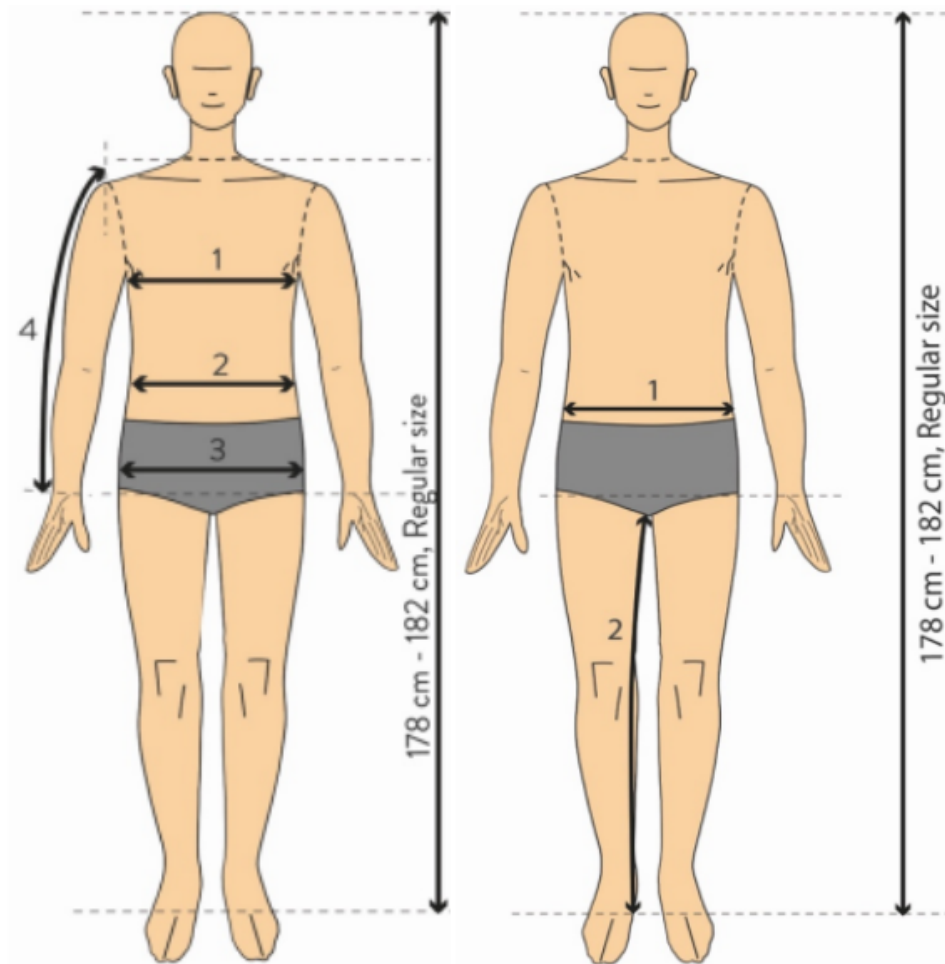
WAIST: Measure the waist circumference at the smallest part of the waist.

SEAT: Measure the seat circumference at the widest part of the waist.

SLEEVE LENGTH: Measure the distance from shoulder bone over the bent elbow to the center of the wrist.

WAIST: Measure the waist circumference at the smallest part of the waist.

INSEAM: Measure the distance from crotch point to the floor.



# Unisex Tops

Women size	30/32	34/36	36/38	40	42/44	46	48/50	50/52	54
UNISEX size	XXS	XS	S	M	L	XL	XXL	3XL	4XL
Chest width in cm	76	82	88	94	100	106	114	122	130
Waist in cm	60	66	72	78	85	92	100	108	116
Seat in cm	86	92	98	104	111	118	126	134	142
Sleevelenght in cm	58	59	60	61	62	63	64	65	66

MEN size	40/42	44	46/48	50	52/54	54/56	58/60	60/62	64
UNISEX size	XXS	XS	S	M	L	XL	XXL	3XL	4XL
Chest width in cm	82	88	94	100	106	112	118	124	130
Waist in cm	70	76	82	88	95	102	109	116	123
Seat in cm	86	92	98	104	111	118	125	132	139
Sleevelenght in cm	62	63	64	65	66	67	68	69	70

If your body measurements are between 2 sizes, order the smaller size for a more tighter fit or order the bigger size for a looser fit. Note, all measurements are body measurements and all garments have extra width for optimal movements.

Chest width is 6 cm between the sizes.

## How to measure – Unisex Tops

CHEST: Measure the chest circumference at the widest point.

WAIST: Measure the waist circumference at the smallest part of the waist.

SEAT: Measure the seat circumference at the widest part of the waist.

SLEEVE LENGTH: Measure the distance from shoulder bone over the bent elbow to the center of the wrist.

