

SIZE CHART MEN'S CLOTHING

TOPS - MEN						
SIZE	S	M	L	XL	XXL	3XL
Chest in cm	87-94	95-102	103-110	111-118	119-126	127-134
Waist in cm	73-80	81-88	89-96	97-105	106-114	115-125
Hip in cm	86-93	94-101	102-109	110-117	118-125	126-133

TOPS - MEN: EU-CONVERTER			
EUROPE	USA	ASIA	CHINA
S	S	M	170-180B
M	M	L	175-185B
L	L	XL	180-190B
XL	XL	XXL	185-195B
XXL	XXL	3XL	190-200B

FITS

Mammut supplies its tops in four different fits, from body-hugging and athletic to roomy and comfortable. As a result, all mountain sport lovers can find just the right top to match their body and activities. Some models have a longer cut to offer comfort for the different needs of various kinds of sportive activities.

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SLIM FIT

A very close fit around the upper body and arms, body-hugging, very elastic/stretchable materials.



ATHLETIC FIT

Dynamic cut, defined body shape, pre-shaped sleeves, elastic/stretchable materials.



REGULAR FIT

A close, athletic cut, with little tailoring, comfortable, some elastic/stretchable materials.



LOOSE FIT

A wide, and in some places longer, cut on the upper body and arms, for a casual and comfortable fit, made from stretch materials.

SIZE CHART WOMEN'S CLOTHING

TOPS - WOMEN							
SIZE	XXS	XS	S	M	L	XL	XXL
Chest in cm	77-81	82-87	88-93	94-100	101-108	109-119	117-124
Waist in cm	62-65	66-70	71-76	77-83	84-92	93-101	102-110
Hip in cm	85-89	90-95	96-101	102-108	109-116	117-124	125-132

TOPS - WOMEN: EU-CONVERTER			
EUROPE	USA	ASIA	CHINA
XXS	XXS	XS	150-160A
XS	XS	S	155-165A
S	S	M	160-170A
M	M	L	165-175A
L	L	XL	170-180A
XL	XL	XXL	175-190A

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SIZE CHART MEN'S PANTS

PANTS - MEN								
SIZE	28	30	32	34	36	38	40	42
Waist	75	79	83	87	91	95	99	104
in cm	-	-	-	-	-	-	-	-
	78	82	86	90	94	98	103	108
Hip	88	92	96	100	104	108	112	116
in cm	-	-	-	-	-	-	-	-
	91	95	99	103	107	111	115	119
Normal								
Inseam in cm	82	83	83	83	83	83	83	83
Short								
Inseam in cm	-	77	77	77	77	77	77	-
Long								
Inseam in cm	-	91	91	91	91	91	-	-

PANTS - MEN: EU-CONVERTER			
EU	F	I	UK
44 / - / -	38 / - / -	46 / - / -	28 / - / -
46 / short / long	40 / 20 / 80	8 / corto / L	30 / short / long
48 / short / long	42 / 21 / 84	10 / corto / L	32 / short / long
50 / short / long	44 / 22 / 88	12 / corto / L	34 / short / long
52 / short / long	46 / 23 / 92	14 / corto / L	36 / short / long
54 / short / long	48 / 24 / 96	16 / corto / L	38 / short / long
56 / short / -	50 / 25 / -	18 / corto / -	40 / short / -
58 / - / -	52 / - / -	20 / - / -	42 / - / -

FITS

Mammut supplies its trousers in four different fits, from body-hugging and athletic to roomy and comfortable. As a result, all mountain sports lovers can find just the right trousers to match their body and activities. Some models have a higher cut around the waist to offer this sensitive part of the body better protection against cold and wind.



SLIM FIT

A close cut around the thighs and knees, very tight-fitting and body-hugging, defined body shape, very elastic/stretchable materials.



ATHLETIC FIT

An athletic and body-hugging cut around the thighs and calves, defined body shape, some elastic/stretchable materials.



REGULAR FIT

A close, athletic cut with little tailoring, comfortable, elastic/stretchable materials.



LOOSE FIT

Loose and casual fit thanks to the generous cut of the pants around the thighs and knees.

SIZE CHARTS WOMEN'S PANTS

PANTS - WOMEN								
SIZE	32	34	36	38	40	42	44	46
Waist in cm	62	65	68	71	76	81	87	93
	-	-	-	-	-	-	-	-
Hip in cm	84	88	92	96	101	106	111	116
	-	-	-	-	-	-	-	-
Normal Inseam in cm	77	77	78	78	79	79	80	80
Short Inseam in cm	-	72	73	73	74	74	75	75
Long Inseam in cm	-	84	85	85	86	86	87	-

PANTS - WOMEN: EU-CONVERTER				
EU	F	I	UK	
32 / - / -	34 / - / -	36 / - / -	6 / - / -	
34 / short / long	36 / court / L	38 / corto / L	8 / short / long	
36 / short / long	38 / court / L	40 / corto / L	10 / short / long	
38 / short / long	40 / court / L	42 / corto / L	12 / short / long	
40 / short / long	42 / court / L	44 / corto / L	14 / short / long	
42 / short / long	44 / court / L	46 / corto / L	16 / short / long	
44 / short / long	46 / court / L	48 / corto / L	18 / short / long	
46 / short / -	48 / court / L	50 / corto / -	20 / short / -	

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SIZE CHART FOOTWEAR - MEN/WOMEN

FOOTWEAR - UNISEX						
EUR	UK	US		MONDO (mm)		UNISEX
		WOMEN	MEN	WOMEN	MEN	
36	3.5	5.0	4.5	220 (2.0)		220 (2.0)
36 1/2	4.0	5.5	5.0	225 (2.0)		225 (2.0)
37 1/2	4.5	6.0	5.5	230 (2.0)		230 (2.0)
38	5.0	6.5	6.0	235 (2.0)		235 (2.0)
38 1/2	5.5	7.0	6.5	240 (2.0)		240 (2.0)
39 1/2	6.0	7.5	7.0	245 (2.0)	245 (2.5)	245 (2.0)
40	6.5	8.0	7.5	250 (2.0)	250 (2.5)	250 (2.0)
40 1/2	7.0	8.5	8.0	255 (2.0)	255 (2.5)	255 (2.0)
41 1/2	7.5	9.0	8.5	260 (2.0)	260 (2.5)	260 (2.0)
42	8.0	9.5	9.0	265 (2.0)	265 (2.5)	265 (2.0)
42 1/2	8.5	10.0	9.5	270 (2.0)	270 (2.5)	270 (2.5)
43 1/2	9.0	10.5	10.0	275 (2.0)	275 (2.5)	275 (2.5)
44	9.5	11.0	10.5		280 (2.5)	280 (2.5)
44 1/2	10.0	11.5	11.0		285 (2.5)	285 (2.5)
45 1/2	10.5	12.0	11.5		290 (2.5)	290 (2.5)
46	11.0	12.5	12.0		295 (2.5)	295 (2.5)
46 1/2	11.5	13.0	12.5		300 (2.5)	300 (2.5)
47 1/2	12.0	13.5	13.0		305 (2.5)	305 (2.5)
48	12.5	14.0	13.5		310 (2.5)	310 (2.5)
48 1/2	13.0	14.5	14.0		315 (2.5)	315 (2.5)
49 1/2	13.5	15.0	14.5		320 (2.5)	320 (2.5)

SIZE CHART FOOTWEAR - KIDS

FOOTWEAR - KIDS			
EUR	UK	US	MONDO (mm)
27	8.0	9.0	165
28	9.0	10.0	170
29	10.0	11.0	175
30	11.0	12.0	180
31	12.0	13.0	185
32	13.0	1.0	190
33	1.0	2.0	195
34	2.0	3.0	200
35	3.0	4.0	210
36	4.0	5.0	220
37	5.0	6.0	230
38	6.0	7.0	240

SIZE CHART MEN'S HARNESSES

ZEPHIR ZEPHIR ALPINE TOGIR TOGIR 3 SLIDE TOGIR CLICK OPHIR OPHIR SPEEDFIT OPHIR 3 SLIDE					
SIZE	S	M	L	XL	XXL
Waist in cm	67 - 77	73 - 85	80 - 92	86 - 100	84 - 108
Leg Loop in cm	49 - 57	53 - 61	57 - 65	60 - 68	62 - 72

ZEPHIR ALTITUDE				
SIZE	S	M	L	XL
Waist in cm	68 - 83	74 - 90	80 - 96	88 - 104
Leg Loop in cm	47 - 55	52 - 60	57 - 66	61 - 71

REALIZATION			
SIZE	S	M	L
Waist in cm	72 - 80	79 - 87	86 - 94
Leg Loop in cm	49 - 57	53 - 61	57 - 65

OPHIR 4 SLIDE OPHIR RENTAL		
SIZE	XS - M	M - XL
Waist in cm	59 - 89	76 - 110
Leg Loop in cm	43br>- 59	54 - 72

SIZE CHART WOMEN'S HARNESSSES

WOMEN - ZEPHIR TOGIR TOGIR 3 SLIDE OPHIR OPHIR SPEEDFIT OPHIR 3 SLIDE				
SIZE	XS	S	M	L
Waist in cm	61	67	73	80
	71	77	85	92
Leg Loop in cm	47	51	55	59
	53	57	61	65

ZEPHIR ZEPHIR ALPINE TOGIR TOGIR 3 SLIDE TOGIR CLICK OPHIR OPHIR SPEEDFIT OPHIR 3 SLIDE					
SIZE	S	M	L	XL	XXL
Waist in cm	67	73	80	86	84
	77	85	92	100	108
Leg Loop in cm	49	53	57	60	62
	57	61	65	68	72

ZEPHIR ALTITUDE				
SIZE	S	M	L	XL
Waist in cm	68	74	80	88
	83	90	86	104
Leg Loop in cm	47	52	57	61
	55	60	66	71

REALIZATION			
SIZE	S	M	L
Waist in cm	72	79	86
	80	87	94
Leg Loop in cm	49	53	57
	57	61	65

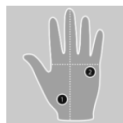
SIZE CHART KIDS HARNESSSES

KIDS		
SIZE	OPHIR ONE SIZE	ELEPHIR ONE SIZE
Waist in cm	50	max. 40kg
	68	
Leg Loop in cm	30	max. 40kg
	44	

SIZE CHART GLOVES

GLOVES									
SIZE	5	6	7	8	9	10	11	12	
Women	XS	S	M	L	XL				
Men		S	M	M	L	L	XL	XL	
Hand length in cm	16	17	18	19	20	21	22	23	
	17	18	19	20	21	22	23	24	
Hand width in cm	18	19	20	21	22	23	24	25	
	19	20	21	22	23	24	25	26	

HOW TO MEASURE CORRECTLY



1. Hand length

Hold your hand out flat and measure a straight line from the base of the hand to the tip of the middle finger.

2. Hand circumference

Hold your hand out flat and measure the circumference of the hand above the base of the thumb.